

# Lower St Helens, Southampton



# Lower St Helens

Lower St Helens is a residential care home located in Hedge End, Southampton. We provide **high-quality support for four people** with autism, challenging behaviour and learning disabilities.

Our four-bedroom home benefits from plenty of **communal areas**, including a kitchen with a breakfast bar, a sensory room and a **relaxing outdoor area**!

We also have two shared bathrooms on the first floor, and a ground floor shower room with a **shower chair for improved accessibility**.

Ensuring there's always plenty to do, we have a **dedicated activity room**. Ideal for both individual and group activities, our housemates enjoy getting stuck into arts and crafts and indulging in pampering sessions!





## A place to call home

We deliver **person-centred care**, ensuring each person receives support tailored to their unique needs and interests, empowering them to live happy and fulfilling lives.

The people we support enjoy **engaging in community activities**, such as going to the cinema, coffee outings, bowling, pottery sessions, music groups, and leisurely walks. We also enjoy going on **holidays abroad!**

We provide a **communal car** with a seating capacity of seven, which the people we support can use together or on a one-to-one basis for visiting places of interest further afield.





# Your needs at the centre of all we do

Whether you need support for a few hours or around the clock, our support teams can help you live a more independent life.

## **Your choice, you're in control**

We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

## **Support to live your life**

We offer high quality, bespoke support and enable you to enjoy everyday life.

## **Your independence**

Through careful planning and reviews, we'll provide 'just enough' support, putting you at the centre of all decision making.

## **Use of technology**

Where relevant, we work with you to identify assistive technology to enhance your support, reduce support hours and progress towards greater independence.




# Quality care and support


We're committed to providing **high-quality, person-centred care and support**. Our goal is to help you live the fulfilling, meaningful and happy life you choose, with as much or as little support as you need.

**Our highly trained, specialist teams** work with you to co-create personalised support plans focusing on your interests, priorities and skills. You can rest assured your needs are at the centre of all we do.

***\*Data accurate as of March 2025.***



**100%\*** of our  
Scottish and Welsh  
registered services  
are graded overall  
**Compliant.**



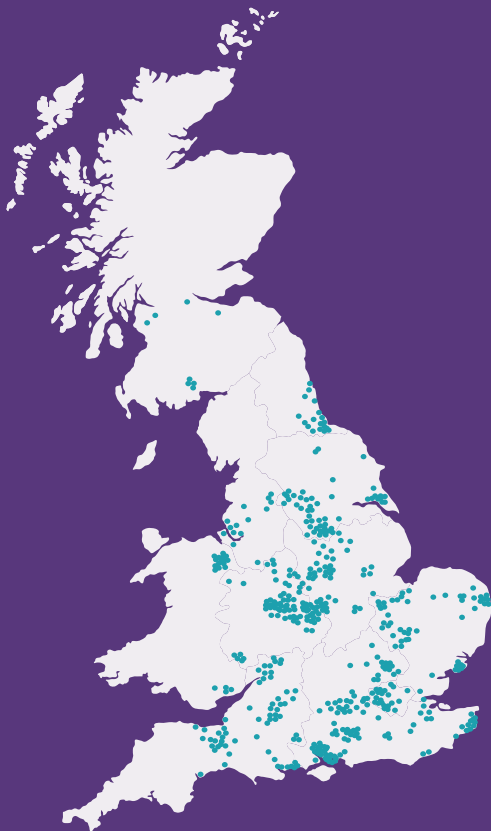
**89%\*** of our  
registered  
services in  
England are  
rated **Good or  
Outstanding.**



# About Voyage Care




Voyage Care is a sector-leading provider of specialist care and support to **3,500+ people** with learning disabilities, autism, brain injuries and other complex needs.

We offer **person-centred care** in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.



## Get in touch

Contact our friendly enquiry team to discuss how we can support you or a loved one.

 0800 035 3776  
 [referrals@voyagecare.com](mailto:referrals@voyagecare.com)  
 [www.voyagecare.com](http://www.voyagecare.com)