

The Grove Resource Centre



COMMUNITY SUPPORT by
voyagecare 

The Grove

At The Grove Resource Centre, we provide support for people aged 17+ with learning disabilities and associated needs. Our support is person-centred and tailored to each individual, ensuring the people we support have **meaningful, fun-filled experiences** at our service.

We offer opportunities for people to socialise, take part in a range of creative activities, **build self-confidence**, develop new skills, and maintain positive mental and physical health.

Our facilities include activity rooms, two sensory areas including a **ball pool sensory room**, an open plan lounge, dining area and function room, kitchen and a garden.

We have art
and activity
rooms - perfect
for individual or
group sessions!





How we can support you

We offer a range of activities that provide individuals with opportunities to learn new skills, socialise with their peers and share ideas and experiences.

Activities we can offer include:

- ✓ Drama
- ✓ Art
- ✓ Music
- ✓ Cookery
- ✓ Photography workshops
- ✓ and many more!

Our team can also offer support within the community. This includes **sleep in and night support** as well as one-off support for **days out, trips and social occasions**.

**We're open
8:30am - 4:30pm
- seven days
a week!**



Physiotherapy

We have a dedicated Physiotherapy Department at The Grove offering **clinical rehabilitation treatments** for neurological, respiratory, and orthopaedic conditions, delivered by highly skilled therapists. Treatments can be delivered at home or at our **well-equipped centre** with access to extra facilities such as our **gymnasium** and **hydrotherapy pool**.

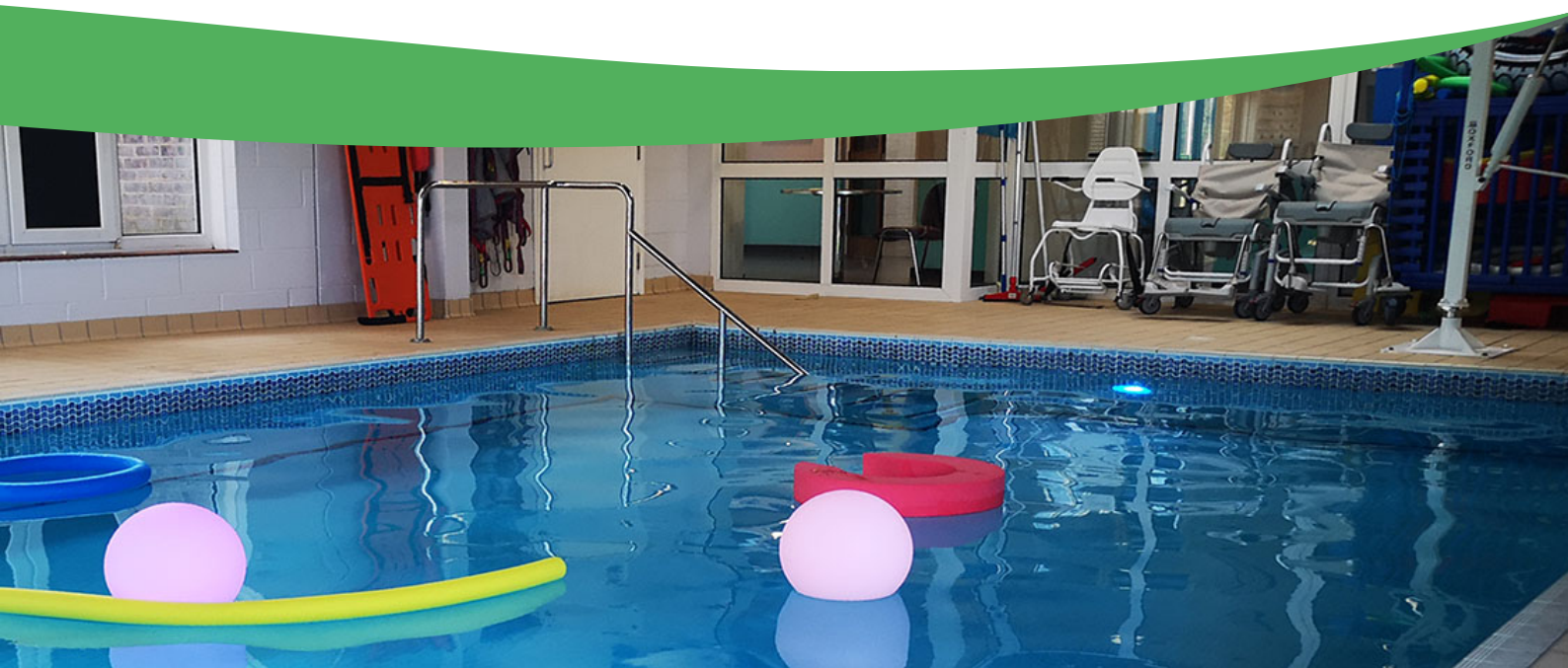
Our centre is **wheel-chair friendly and easily accessible** throughout. We also have spacious changing rooms and overhead hoists for those that require assistance with transfers or moving and handling.

Physiotherapy and **Aquatic Therapy** sessions are delivered on a one-to-one basis following an assessment and **bespoke treatment plan**.

We support people from Voyage Care services and the local community.

Some of our treatments on offer include:

- Coordination and balance re-training
- Functional activities promoting independence and participation in daily life
- Mobility and strength training
- Improving exercise tolerance
- Normalising muscle tone
- Strengthening program
- Posture re-education program
- Falls prevention program
- Aquatic therapy



Your needs at the heart of all we do

Whether you need support for a few hours or around the clock care, our support teams enable you to live a more independent life.

Your choice, you're in control

We will always tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

Support to live your life

We offer high quality, bespoke support and enable you to enjoy everyday life.

Your independence

Through careful planning and regular reviews, we will provide 'just enough' support, putting you at the centre of all decision making.

Use of technology

Where relevant, we work with you to identify assistive technology to enhance your support, reduce support hours and directly contribute towards greater independence.



About Voyage Care

Voyage Care is the **sector leading provider** of health and social care in the UK, delivering support to over **3,500 children and adults** with learning disabilities, autism, brain injuries and other complex needs.

We offer **person-centred care** in a range of settings. This can be out and about in the **community**, in your own **home** or in one of our **residential care homes**.

Our **commitment to quality** is demonstrated by our sector-leading quality ratings.

**Data accurate as of April 2023.*



Get in touch!

Find out how we can support you or a loved one by contacting our team!

📞 0800 035 3776

✉️ referrals@voyagecare.com

🌐 www.voyagecare.com